

## Spa Menu

### *Signature Treatment*

#### AMOUR SENSATION

90 MIN

• IDR 575K/1pax

Shirodhara combined with Asian blend massage, using a combination of a few step. Pressure point of Shiatsu, stretching of the Thai massage. It follows with body massage to release tension and ends with Shirodhara, a steady flow warm oil onto the forehead stimulating the pituitary gland. This treatment is profoundly relaxing and improves sleep pattern, help focus and concentration.

### *Theme Treatment*

#### TEMPTATION ROYALE (WINE LOVER)

120 MIN

• IDR 770K/1pax | IDR 1.4 M/2pax

Pamper with a 2 hour treatment incorporating antioxidant, start from Balinese massage body scrub, take out the dead skin, let your skin shine and end with pouring wine on the body and flower bath.

#### MYSTIQUE INDULGENCE

120 MIN

• IDR 725K/1pax | IDR 1.3M/2pax

This treatment starts from Shiatsu with body scrub and Shirodhara follows after, a traditionally therapy as a part of the Pancakarma cleansing process using special oil pouring on the third eye, this treatment directly impacts immediate calm, relaxed and has cleansing effect on the mind and nerve.

## Theme Treatment

### SENSORY DESIRE

180 MIN

• IDR 900K/1pax | IDR 1.7M/2pax

This designed romantic experience therapy is luxurious and rejuvenating. A complete treatment starts with full body massage, body treatment, face treatment, and end with flower scented bath, to get you in the right frame of mind.

### DAY BLISS

90 MIN

• IDR 600K/1pax | IDR 1,1M/2pax

This designed romantic experience therapy is luxurious and rejuvenating. A complete treatment starts with full body massage, body treatment, face treatment, and end with flower scented bath, to get you in the right frame of mind.

## Body Massage

### BALINESE MASSAGE

60 MIN | 90 MIN

• IDR 325K/1pax | IDR 500K/1pax

Fell tensions dissolve with Balinese healing therapy, Balinese massage used a variety of technique including skin rolling, kneading, and stroking and pressure point stimulation. This treatment relieves strained muscle and joint paint will help reduce stress and rebalance your body.

### HOT STONE MASSAGE

90 MIN | 120 MIN

• IDR 550K/1pax | IDR 700K/1pax

Hot stone massage is a type of massage therapy; it helps decreased muscle spasms and tension. The stones are also placed on various energy points to stimulate the body natural healing potential good for blood circulation.

### SHIATSU MASSAGE

60 MIN | 90 MIN

• IDR 350K/1pax | IDR 525K/1pax

Shiatsu massage is a treatment massage without oil , pressure with thumbs , hand elbow is applied to pressure points on the body .this form of massage also focus on rotating and stretching limbs, joints, The benefit of shiatsu is relief from headache, especially helpful to those suffering from fatigue and overall weakness.

### 3 MASSAGE

90 MIN

• IDR 525K/1pax

This treatment is recommended for physical emotional stress with a perfect combination of three complimentary treatment massages, begins with Balinese massage, perfect treatment to regain harmony between body and mind, followed by reflexology to improve the body energy flow, ending with scalp and face massage, to help you release the tension since the focus on energy points on the face and scalp.

## *Special Treatments*

### **NAIL TREATMENT**

**30 MIN | 60 MIN**

• IDR 200K/1pax | IDR 300K/1pax

Improve the health of your nails (manicure/pedicure) is a great way to relax while improving your hands and feet to look clean and good shape, start from cutting, filing and treating cuticles.

### **FEET SURRENDER**

**60 MIN**

• IDR 300K/1pax

This special foot care is to treat your feet after walking all day, touring or mount hiking and alike. It starts from foot ritual, and then foot massage following foot scrub ended with foot mask. During the foot mask we will provide shoulder massage awhile, this treatment is to promote blood circulation and refresh your feet.

### **FOOT REFLEXOLOGY**

**30 MIN | 60 MIN**

• IDR 200K/1pax | IDR 300K/1pax

Reflexology is the application of appropriate pressure to specific points and areas of the body in the feet using unique micro movement technique such as thumbs or finger walking. Reflexology works specifically on the central nervous system.

## *Face Spoilage*

### **FACIAL**

**60 MIN**

• IDR 300K/1pax

Rejuvenate the complexion with Spa special products and technique. It starts from cleaning face, follows with scrub and then massage on the face, ends with face mask and applying moisturizer to help wrinkle reduction.

### **REFRESH FACIAL**

**30 MIN**

• IDR 200K/1pax

Stimulating the face muscles with regular face massage, to help bring oxygen to that area. This is a kind of natural therapy that gives our face glow and tone, offers relaxing feeling, relieves tension and promotes better circulation of the blood to the face. This treatment also normalizes the moisturized skin; helps reduce impurity, toxin and increases radiance.

**TAKE CARE OF YOUR BODY.  
IT'S THE ONLY PLACE YOU HAVE TO LIVE**



## *Spa Etiquette*

### ARRIVAL

A 15 minute arrival is advisable prior to the treatment. Our Butler or Guest Service Agent will drop you a line at the villa for a reminder and Golf Car pick up arrangement. The lateness will affect the reduction of treatment hours.

### JEWELRY

It is advisable that you do not wear any jewelry either before or during the treatment for your convenience. If you happen to wear it, it is advised to store it inside the safety box provided in the spa room with your own lock code and ensure that you take it back after the treatment.

### CANCELLATION

Any cancellation within 3 hours prior to the pre-booked treatment is subject to 50% charge of the listed price. Any reservation modification is only honored and confirmed by a Spa Therapist via our Butler or Guest Service Agent.

ONE OF THE SECRETS OF A HAPPY LIFE  
IS CONTINUOUS SMALL TREATS

- IRIS MURDOCK -